

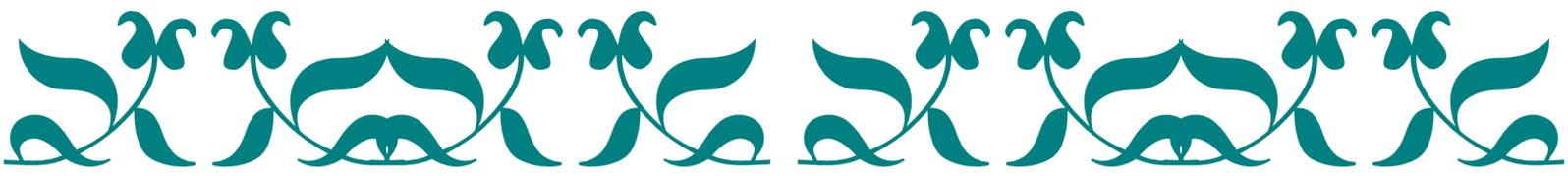
# How to make Twiddlemuffs



## Materials

- **Wool:** A selection of leftover / odd balls of wool (different textures and colours are great for stimulation).
- **Needles:** 8mm circular or 6.5mm straight needles.
- **Decoration:** Buttons, beads, ribbons, lace, scraps of fabric, plaited wool, crocheted flowers, pom poms and knitted pockets or finger puppets (anything which can be twiddled, but isn't sharp and won't break).





## Directions

### Cuff

- Cast on 40 stitches using two strands of double knitting wool or one strand of chunky wool.
- Use a stocking stitch (knit a row, purl a row) for 11 inches / 28 cms.

### Muff body

- Continue using a stocking stitch and use up any odd balls of wool or those with different textures, such as chunky, mohair, eskimo and chenille.
- Knit until the muff measures approximately 23 inches / 58.5 cms.
- Cast off.

## Finishing and decoration

- Neatly sew the long edges together using an edge to edge stitch with the purl side toward you and turn the muff inside out.
- Push one cuff up inside the muff body until it meets the other cuff, then neatly sew the two together using an edge to edge stitch.
- Decorate your muff with at least six decorations on the outside and four on the inside, using a variety of textures and colours.
- Make sure everything is sewn on tightly, with no loose threads, so they can't be pulled off.